

## Preparing your Hotel Stay when requiring oxygen equipment

As you prepare to go on vacation, there are many things to get in order. You must make reservations, buy plane tickets, pack your suitcase and make arrangements at home for your absence. Then, if you have a chronic lung disease and are living with oxygen, you may have more arrangements to make. **Here's how to seamlessly prepare for your stay in a hotel with oxygen, according to the COPD Foundation .**

- **Discuss your travel plans with your oxygen provider:** Be sure to enlist the help of your supplier as you work out the plans for your trip. Many national chains and even local suppliers have a network of oxygen suppliers they can contact to get you the oxygen you need while traveling. If traveling abroad, make an online search and search under yellow pages online for medical equipment and supplies. Another way would be to ask for referral from the Hotel you may be staying while abroad . Arrange to have the oxygen dropped off, and find out whether a designee at the hotel can sign for the delivery or if you need to do this yourself in advance. If this must be done in advance, ask your oxygen supplier to fax you or email you the documents in advance so the oxygen equipment can be waiting at your hotel. Sign the documents and email or fax them back.
- **Make arrangements with the airline when traveling with oxygen:** If you're traveling by plane to your vacation destination, make oxygen arrangements with the airline. Ask about their policies and or procedures for traveling with oxygen. Think about what needs to happen while on the plane, during layovers between flights and at the final location as you make your way to the hotel.
- **Let front desk personnel know about your oxygen needs:** Call the hotel where you'll be staying and let them know your oxygen supply might arrive before you do. Let them know your name, the name of the supplier, the delivery method and when you 'll arrive to pick up the oxygen equipment.
- **Request a room with handicap access:** Even if you can move about comfortably, a handicap-accessible room will be more comfortable and closer to the elevator.
- **Pick up your oxygen upon arrival:** When you check in to the hotel, ask about the oxygen equipment you're expecting. Request that a hotel worker deliver it to your room.